

ÇAĞ ÜNİVERSİTESİ
Faculty of Art and Sciences
Psychology Department

Code	Course Title	Credit	ECTS
PSY 326	Close Relationships	(3-0)3	6
Language of Instruction	English	Mode of Delivert	Face to face
Type and Level of Course	Elective/3 rd Year/Spring Term		
Lecturers	Name(s)	Lecture Hours	Office Hours
Course Coordinator	Assist. Prof. Dr. Sena Doğruyol		senadogruyol@cag.edu.tr
Course Objective:	This course focuses on the basic concepts of close relationships and the effects of close relationships on the individual's life. Parent, caregiver, partner and peer relationships are discussed within the scope of the course and it is aimed to explain the concepts in the theoretical framework..		

Learning Outcomes of the Course:		Students who have completed the course successfully should be able to;	Relationship	
			Prog. Outpur	Net Effect
	1	Comprehend the definitions of close relationships.	1, 2	4, 5
	2	Recognize attachment styles in close relationships.	1, 2	4, 5
	3	Understand the problems in close relationships.	2, 6	5, 5
4	Recognize the basic dynamics in close relationships.	2, 6	5, 5	

Course Content: Within the scope of this course, basic concepts of group counseling, characteristics of counseling groups and group types, ethical principles in group counseling, planning and forming the group, phases of the group, personal and professional qualities of the group leader, techniques that can be used in group counseling, difficult behaviors in group members and coping with them are explained.

Course Contents (Weekly Lecture Plan)

Weeks	Topics	Preparation	Teaching Methods
1.	Introduction and Course Description	-	Presentation / Discussion
2.	Why Do We Need to Build Relationships?	Chapter 6	Presentation / Discussion
3.	Communication and Relationship Maintenance	Chapter 2	Presentation / Discussion
4.	Interpersonal Communication and Communication Barriers	Chapter 2	Presentation / Discussion
5.	Parent-Child Relationship	Chapter 4	Presentation / Discussion
6.	Friendship Relationships	Chapter 5	Presentation / Discussion
7.	Dating Violence - Manipulation in Romantic Relationships		Presentation / Discussion
8.	Conflict	Chapter 4	Presentation / Discussion
9.	Midterm Exam		
10.	Midterm Exam		
11.	Termination of Relationship and Separation	Chapter 7	Presentation / Discussion
12.	Interpersonal Forgiveness	Chapter 9	Presentation / Discussion
13.	End of Term Evaluation		Presentation / Discussion
14.	End of Term Evaluation		Presentation / Discussion
15.	Final Exam		

REFERENCES

Main Book	Hendrick, S. S. (2009). Understanding Close Relationships.
Suggested Readings	Bilen, M. (2009). Sağlıklı insan ilişkileri (7. Baskı). Anı Yayıncılık. Cihangir-Çankaya, Z. (2015). Kişilerarası iletişimde dinleme becerisi (3. Baskı). Nobel Akademik Yayıncılık. Hendrick, C. (Ed) (1989). Close relationships. California: Sage Publication.

ASSESSMENT METHODS

Activities	Number	Effect	Notes
Midterm Exam	1	40%	Test
Final Exam	1	60%	Test

ECTS TABLE

Contents	Number	Hours	Total
Hours in Classroom	14	3	42

Hours out Classroom	14	3	42
Implementation	5	5	25
Midterm Exam	1	35	35
Final Exam	1	36	36
		Total	180
		Total / 30 ECTS Credit	180/30 = 6
			6
RECENT PERFORMANCE			