

Key Term	Definition	Example
Hazard	Something that can cause harm or danger.	"A wet floor is a hazard that can make people slip."
Risk	The chance of a hazard causing harm.	"We need to check the risk of using this machine."
Personal Protective Equipment (PPE)	Gear worn to protect yourself (like helmets, gloves, and masks).	"Wearing gloves is important when handling chemicals."
Workplace Safety	Rules and measures to keep workers safe at work.	"We have safety rules to protect all workers."
Accident	An unexpected event that causes injury or damage.	"There was an accident in the factory."
Incident	An event that could lead to an accident.	"A near miss is when an accident almost happens."
Safety Data Sheet (SDS)	A document with information about hazardous materials.	"Check the Safety Data Sheet before using any chemicals."
First Aid	Help given to someone who is injured before professional help arrives.	"He got first aid for his cut."
Fire Safety	Practices to prevent and handle fires.	"We practice fire safety every year."
Emergency Plan	A plan for what to do in an emergency.	"Everyone should know the emergency plan."
Work-Related Stress	Stress caused by job demands.	"Too much work can lead to stress."
Safety Audit	A check of safety practices in the workplace.	"The safety audit checks if we follow all safety rules."
Workplace Violence	Any act of violence or threat at work.	"We do not tolerate workplace violence."
Safe Work Practices	Guidelines to prevent injuries at work.	"Always follow safe work practices when using tools."
Slips, Trips, and Falls	Common accidents caused by uneven surfaces or wet floors.	"We must be careful to avoid slips, trips, and falls."