**Student’s Name:**

**Number:**

**Reflection Task**

|  |  |
| --- | --- |
| What? | Outline the situation (Please consider what to include- actions, consequences, responses, feelings and problems) |
| So what? | Discuss what you have learnt (Examine what you have learnt about yourself …relationships, others…attitudes…practice…understanding. Show why it is important.) |
| Now what? | Identify the implications (What impact could these ideas have on your practice or thinking? What do you need to do to improve future outcomes?) |

(Adapted from Rolfe et al. 2001)

**TURNITIN CLASS ID:** 32703025

**Enrollment Key:** Task