

ÇAĞ UNIVERSITY
INSTITUTE OF SOCIAL SCIENCES
GRADUATE PROGRAMME

Code	Course Title	Credit	ECTS
PSY 101	Introduction to Psychology	(3-0)3	7
Prerequisites	None		
Language of Instruction	Turkish	Mode of Delivery	Face to face
Type and Level of Course	Compulsory/ Scientific Preparation Course		
Lecturers	Name(s)	Lecture Hours	Office Hours
Course Coordinator	Assist. Prof. Sena Doğruyol		senadogruyol@cag.edu.tr

Others

Course Objective Course aims to provide students with a general orientation in the theories, methods, and areas of application of psychology.

		Students who have completed the course successfully should be able to	Relationship	
			Prog. Output	Net Effect
Learning Outcomes of the Course	1	identify and discuss the biological bases of behavior on both the micro (e.g. neurocellular, neurophysiological, and neurochemical) and macro (e.g. central and peripheral nervous system) levels.	5	5
	2	differentiate between the major observational, correlational, experimental, and quasi-experimental designs used by developmental psychologists	5 & 7	5 & 4
	3	articulate the basic principles, major theories, and research concerning learning and cognition.	5 & 7	5 & 4
	4	identify antecedents and consequences of behavior and mental processes	5 & 7	5 & 4
	5	evaluate new ideas with an open but critical mind	5 & 7	5 & 4
	6	use information and technology ethically and responsibly.	5 & 7	5 & 4
	7	identify the major fields of study and theoretical perspectives within psychology and articulate their similarities and differences.	5 & 7	5 & 4

Course Description: This course surveys the scientific study of behavior and basic psychological processes. Topics include history and systems of psychology, research methods; biological aspects of behavior; sensation and perception; learning and memory; cognition and language; consciousness and cognitive abilities; health, stress and coping; and the social aspects of behavior. Students will learn initial course material using current theoretical biopsychosocial perspectives.

Course Contents:(Weekly Lecture Plan)

Weeks	Topics	Preparation	Teaching Methods
1	Psychology and Life	Textbook Ch. 1	Presentation & Discussion
2	Research Methods in Psychology	Textbook Ch. 2	Presentation & Discussion
3	Evolutionary and Biological Foundations of Behavior	Textbook Ch. 3	Presentation & Discussion
4	Affect and Perception	Textbook Ch. 4	Presentation & Discussion
5	Mind, Consciousness and Changing States	Textbook Ch. 5	Presentation & Discussion
6	Learning and Behavior Analysis	Textbook Ch. 6	Presentation & Discussion
7	Memory	Textbook Ch. 7	Presentation & Discussion
8	Cognitive Processes	Textbook Ch. 8	Presentation & Discussion
9	Intelligence and Intelligence Measurement	Textbook Ch. 9	Presentation & Discussion
10	Human Development Across the Lifespan	Textbook Ch. 10	Presentation & Discussion
11	Motivation	Textbook Ch. 11	Presentation & Discussion
12	Emotion, Stress and Health	Textbook Ch. 12	Presentation & Discussion
13	Understanding Human Personality	Textbook Ch. 13	Presentation & Discussion
14	Psychological Disorders	Textbook Ch. 14	Presentation & Discussion

REFERENCES

Textbook Gerrig, Richard J., Zimbardo, Philip G. (2012). Psychology and Life -Introduction to Psychology (12th Ed.), Pearson

Related links			
Course Notes			
Material Sharing			
ASSESSMENT METHODS			
Activities	Number	Effect	Notes
Midterm Exam	1	40%	
Final Exam	1	60%	
ECTS TABLE			
Contents	Number	Hours	Total
Hours in Classroom	14	3	42
Hours out Classroom	14	4	56
Homeworks	4	4	16
Implementation	4	3	12
Quizzes	4	6	24
Midterm Exam	1	14	14
Fieldwork	1	16	16
Final Exam	1	20	20
		Total	200
		Total / 30	=200/30=6,66
		ECTS Credit	7
RECENT PERFORMANCE			

