

**ÇAĞ UNIVERSITY**  
**FACULTY OF ARTS AND SCIENCES**  
**DEPARTMENT OF PSYCHOLOGY**

<b>Code</b>	<b>Course Title</b>	<b>Credit</b>	<b>ECTS</b>
PSY 445	Theories of Personality II	3 (3-0-3)	6
<b>Prerequisites</b>	<b>None</b>		
<b>Language of Instruction</b>	English	<b>Mode of Delivery</b>	<b>Face to face</b>
<b>Type and Level of Course</b>	Compulsory/4 <sup>th</sup> Grade/FALL TERM		
<b>Lecturers</b>	<b>Name(s)</b>	<b>Lecture Hours</b>	<b>Office Hours</b>
<b>Course Coordinator</b>	Ayşe Şenay KOÇ, PhD	Tuesdays 13:20-15:40	Mondays 12:30-13:00
<b>Contacts</b>	aysesenaykoc@cag.edu.tr		

**Others**

**Course Objectives** This course aims to scientifically examine personality in psychology. It covers basic theoretical explanations of the formation and development of personality, various research and measurement strategies, and current issues in the field. During the course, students will be asked to apply and critically evaluate the theories they have learned. A critical understanding of personality will be provided from different theoretical perspectives, from classical psychoanalytic theory to contemporary interactionist view. Basic assumptions about human nature, research strategies, and application issues necessary for the study of personality will also be discussed.

<b>Learning Outcomes of the Course</b>		Upon successful completion of this course, students will be able to:	<b>Relationship</b>	
			<b>Prog. Output</b>	<b>Net Effect</b>
	1	Discuss and write in an informed way about influential personality theories and constructs	1,3,4	3,4,5
	2	Identify meaning and appropriate application of course concepts	1,4,8	3,5,4
	3	Explain personality-related processes that underlie individual differences in behavior	4,6,7,9	4,4,5,5
	4	Examine seminal and current research studies and describe important findings using an understanding of scientific methodologies common to this field	2,5,7	3,5,4
	5	Recognize the interaction of situational and individual characteristics on the development of personality	3,5,8	3,3,4
6	Apply course concepts to simulated life situations through the analysis of a fictional character	9	5	

**Course Description:** This course aims to examine a set of theories of personality. Our coverage also will include discussion of the sociohistorical contexts in which the given theory was first developed, and of the people who developed the theories. Our goal is to explore the contemporary scientific field of Personality Psychology. A feature that differentiates Personality Psychology from other efforts (in Philosophy, Religion, Literature, etc.) to understand human nature is that the personality psychologist attempts to develop theories that are grounded in established scientific knowledge and that can be tested empirically, in other words, that can be tested through scientific observation and experimentation.

**Course Contents: (Weekly Lecture Plan )**

<b>Weeks</b>	<b>Topics</b>	<b>Preparation</b>	<b>Teaching Methods</b>
1	Syllabus review/ Introduction to Personality Theory	Textbook	Presentation & Discussion
2	Maslow: Holistic-Dynamic Theory	Textbook	Presentation & Discussion
3	Rogers: Person-Centered Theory	Textbook	Presentation & Discussion
4	May: Existential Psychology	Textbook	Presentation & Discussion
5	Allport: Psychology of the Individual	Textbook	Presentation & Discussion
6	McCrae and Costa's Five-Factor Trait Theory	Textbook	Presentation & Discussion
7	<b>MIDTERM WEEK</b>		Presentation & Discussion
8	<b>MIDTERM WEEK</b>		Presentation & Discussion
9	Eysenck's Biologically Based Factor Theory	Textbook	Presentation & Discussion
10	Buss: Evolutionary Theory of Personality	Textbook	Presentation & Discussion
11	Skinner: Behavioral Analysis	Textbook	Presentation & Discussion
12	Bandura: Social Cognitive Theory	Textbook	Presentation & Discussion
13	Rotter and Mischel: Cognitive Social Learning Theory	Textbook	Presentation & Discussion
14	Kelly: Psychology of Personal Constructs	Textbook	Presentation & Discussion
15	General Revision of The Personality Theories	Textbook	Presentation & Discussion
16	<b>FINAL WEEK</b>		

17	<b>FINAL WEEK</b>		
18	<b>RE-SIT EXAM</b>		
<b>REFERENCES</b>			
<b>Textbook</b>	Feist, J. & Feist G. (2021). Theories of Personality (10th Edition). New York: McGraw-Hill.		
<b>Related links</b>			
<b>Course Notes</b>	<u>Lecture notes/slides will be shared by the instructor during sessions.</u>		
<b>Recommended Readings</b>	Schultz, D.P., & Schultz, S.E. (2017). Theories of Personality (11th Edition). Cengage Learning. Friedman, H. S., & Schustack, M. W. (2014). Personality: Classic theories and modern research (5th ed.). England: Pearson. Carver, C. S., & Scheier, M. F. (2014). Perspectives on personality (7th ed.). England: Pearson. Cervone, D., & Pervin, L. (2013). Personality: Theory and Research. New York: Wiley and Sons.		
<b>Material Sharing</b>	Materials will be shared by either e-mail or Moddle.		
<b>ASSESSMENT METHODS</b>			
<b>Activities</b>	<b>Number</b>	<b>Effect</b>	<b>Notes</b>
Midterm Exam	1	40%	
Presentation			
Project			
<i>Effect of The Activities</i>			
<i>Effect of The Final Exam</i>	1	60%	
<b>ECTS TABLE</b>			
<b>Contents</b>	<b>Number</b>	<b>Hours</b>	<b>Total</b>
Hours in Classroom	14	3	42
Hours out Classroom	14	4	56
Presentation			
Project			
Midterm Exam	1	30	30
Final Exam	1	52	52
		<b>Total</b>	<b>180</b>
		<b>Total / 30</b>	<b>=180/30=6</b>
		<b>ECTS Credit</b>	<b>6</b>
<b>RECENT PERFORMANCE</b>			