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| ***Çağ University***  ***Faculty Of Art-Sciences***  ***Psychology*** | | | | | | | | | | | | | | | | | | | | | | | |
| **Code** | | | | **Course Title** | | | | | | | | | | | | **Credit** | | | | | **ECTS** | | |
| PSY 441 | | | | Family Therapy | | | | | | | | | | | | (3-0-3) | | | | | 6 | | |
| **Prerequisites** | | | | | | | | None | | | | | | | | | | | | | | | |
| **Language of Instruction** | | | | | | | | English | | | | **Mode of Delivery** | | | | | | Face to face | | | | | |
| **Type and Level of Course** | | | | | | | | Selective/4th Year/Fall Semester | | | | | | | | | | | | | | | |
| **Lecturers** | | | | | **Name(s)** | | | | | |  | | | | | |  | | | | **Contacts** | | |
| **Course Coordinator** | | | | | Assist. Prof. Dr. Çağrı UTKAN | | | | | | | | | | | |  | | | | cagriutkan@cag.edu.tr | | |
|  | | | | |  | | | | | |  | | | | | |  | | | |  | | |
| **Course Objective** | | | | | In this course, it is aimed for students to gain awareness about family, family interactions and close relationships within the framework of family therapy theories and to apply this awareness to the problems that may arise within the family and the psychological problems that family members may experience. | | | | | | | | | | | | | | | | | | |
| **Learning Outcomes of the Course** | |  | Students who have completed the course successfully should be able to | | | | | | | | | | | | | | | | | **Relationship** | | | |
| Prog. Output | | | **Net Effect** |
| 1 | Can describe the system and dynamics of the family structure. | | | | | | | | | | | | | | | | | 1,4 | | | 5,5 |
| 2 | Explains the basic concepts of family therapy. | | | | | | | | | | | | | | | | | 1,4 | | | 5,5 |
| 3 | Defines the differences between healthy and unhealthy family structures. | | | | | | | | | | | | | | | | | 1,4 | | | 5,5 |
| 4 | Explains the basic psychotherapy theories used in family therapy. | | | | | | | | | | | | | | | | | 1,4 | | | 5,5 |
| 5 | It can structure the family therapy process. | | | | | | | | | | | | | | | | | 1,4 | | | 5,5 |
| 6 | Knows the techniques used in family therapy. | | | | | | | | | | | | | | | | | 1,4 | | | 5,5 |
| **Course Description:** In this course, family life and gender issues will be discussed in the context of the relationship of the family as a system with the broader systems of culture and society. Additionally, intervention techniques will be discussed in the context of marital problems. | | | | | | | | | | | | | | | | | | | | | | | |
| **Course Contents:( Weekly Lecture Plan )** | | | | | | | | | | | | | | | | | | | | | | | |
| **Weeks** | **Topics** | | | | | | | | | | | | **Preparation** | | | | | | **Teaching Methods** | | | | |
| **1** | Introduction, sharing course content and process | | | | | | | | | | | |  | | | | | | Presentation and Discussion | | | | |
| **2** | The evolution of family therapy | | | | | | | | | | | | Chapter 2\* | | | | | | Presentation and Discussion | | | | |
| **3** | The fundamental concepts of family therapy | | | | | | | | | | | | Chapter 4\* | | | | | | Presentation and Discussion | | | | |
| **4** | The stages of family therapy | | | | | | | | | | | | Chapter 3\*, Chapter 7\*\* | | | | | | Presentation and Discussion | | | | |
| **5** | The classic schools of family therapy | | | | | | | | | | | | Part 2\* | | | | | | Presentation and Discussion | | | | |
| **6** | Systemic and Strategic Family Therapies | | | | | | | | | | | | Chapter 6\*, Chapter 13\*\* | | | | | | Presentation and Discussion | | | | |
| **7** | Structural Family Therapy | | | | | | | | | | | | Chapter 7\*, Chapter 12\*\* | | | | | | Presentation and Discussion | | | | |
| **8** | Experiential Family Therapy | | | | | | | | | | | | Chapter 8\*, Chapter 10\*\* | | | | | | Presentation and Discussion | | | | |
| **9** | Psychodynamic and Bowen Family Therapy | | | | | | | | | | | | Chapter 5-9\*, Chapter 9\*\* | | | | | | Presentation and Discussion | | | | |
| **10** | Solution-Focus Family Therapy | | | | | | | | | | | | Chapter 12\*, Chapter 14\*\* | | | | | | Presentation and Discussion | | | | |
| **11** | Integrative Family Therapy | | | | | | | | | | | | Chapter 14\* | | | | | | Presentation and Discussion | | | | |
| **12** | Fundamental techniques used in family therapy | | | | | | | | | | | | Part 2\*, Part 2\*\* | | | | | | Presentation and Discussion | | | | |
| **13** | Fundamental techniques used in family therapy | | | | | | | | | | | | Part 2\*, Part 2\*\* | | | | | | Presentation and Discussion | | | | |
| **14** | Review | | | | | | | | | | | |  | | | | | | Presentation and Discussion | | | | |
| **REFERENCES** | | | | | | | | | | | | | | | | | | | | | | | |
| **Textbook** | | | | | | Nichols, P. (2014). The Essentials of Family Therapy (6th edition). New Jersey: Pearson Education Inc. \*  Gladding, S. T. (2015). Family Therapy: History, Theory and Practice (6th edition). Essex: Pearson Education Limited.\*\* | | | | | | | | | | | | | | | | | |
| **Recommended Reading** | | | | | | Dallos, R., Draper, R. (2010). An Introduction to Family Therapy: Systemic Theory and Practice (3th edition). Berkshire: Open University Press, McGraw Hill. | | | | | | | | | | | | | | | | | |
| **ASSESSMENT METHODS** | | | | | | | | | | | | | | | | | | | | | | | |
| **Activities** | | | | | | | **Number** | | | **Effect** | | | | **Notes** | | | | | | | | | |
| **Midterm Exam** | | | | | | | **1** | | | **40%** | | | | **Test** | | | | | | | | | |
| **Final Exam** | | | | | | | **1** | | | **60%** | | | | **Test** | | | | | | | | | |
| ***Effect of The Activities*** | | | | | | |  | | | **40%** | | | |  | | | | | | | | | |
| ***Effect of The Final Exam*** | | | | | | |  | | | **60%** | | | |  | | | | | | | | | |
| **ECTS TABLE** | | | | | | | | | | | | | | | | | | | | | | | |
| **Contents** | | | | | | | | | **Number** | | | | | | **Hours** | | | | | | | **Total** | |
| **Hours in Classroom** | | | | | | | | | **14** | | | | | | **3** | | | | | | | **42** | |
| **Hours out Classroom** | | | | | | | | | **14** | | | | | | **3** | | | | | | | **42** | |
| **Groupwork** | | | | | | | | | **5** | | | | | | **5** | | | | | | | **25** | |
| **Midterm Exam** | | | | | | | | | **1** | | | | | | **35** | | | | | | | **35** | |
| **Final Exam** | | | | | | | | | **1** | | | | | | **36** | | | | | | | **36** | |
|  | | | | | | | | |  | | | | | |  | | | | | | |  | |
| **Total**  **Total / 30**  **ECTS Credit** | | | | | | | | | | | | | | | | | | | | | | **180** | |
| **=180/30=6** | |
| **6** | |
| **RECENT PERFORMANCE** | | | | | | | | | | | | | | | | | | | | | | | |
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