

ÇAĞ UNIVERSITY
Psychology Master's Degree

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|---------------------------------|---|-------------------------|--|
| Code | Course Title | Credit | ECTS |
| PSI 305 | Main Theories In Psychology | (3-0)3 | 08 |
| Prerequisites | None | | |
| Language of Instruction | English | Mode of Delivery | Face to face |
| Type and Level of Course | Compulsory/Graduate Scientific Preparation/Fall Semester | | |
| Lecturers | Name(s) | Lecture Hours | Office Hours Contacts |
| Course Coordinator | Assist. Prof. Dr. Sena Doğruyol | | senadogruyol@cag.edu.tr |
| Others | | | |
| Course Objective | The aim of this course is to introduce the theories that form the basis of psychology to students who take scientific preparation courses within the scope of graduate education. | | |

| Learning Outcomes of the Course | Students who have completed the course successfully should be able to | Relationship | |
|---------------------------------|---|--------------|------------|
| | | Prog. Output | Net Effect |
| 1 | Defines basic psychological theories. | 2, 4, 9 | 5, 5, 4 |
| 2 | Explains the concepts and principles of basic psychological theories. | 2, 4, 9 | 5, 5, 4 |
| 3 | Explains the relationships between psychological theories. | 2, 4, 9 | 5, 5, 4 |
| 4 | Define the basic theories of psychology. | 2, 4, 9 | 5, 5, 4 |
| 5 | Explains the contributions and different aspects of psychological theories to each other. | 2, 4, 9 | 5, 5, 4 |
| 6 | Examines psychological theories from a critical perspective. | 2, 4, 9 | 5, 5, 4 |

Course Description: Within the scope of this course, information about different theories and theorists from past to present and the perspectives of psychological theories on human nature will be presented to students.

Course Contents: (Weekly Lecture Plan)

| Weeks | Topics | Preparation | Teaching Methods |
|-------|--|----------------------------|-----------------------------|
| 1 | Introduction, sharing course content and process | | Presentation and Discussion |
| 2 | Introduction to Psychological Theories | Chapter 1*, Chapter 1** | Presentation and Discussion |
| 3 | Sigmund Freud and Psychoanalysis | Chapter 2*, Chapter 2** | Presentation and Discussion |
| 4 | Alfred Adler and Individual Psychology | Chapter 2*, Chapter 4** | Presentation and Discussion |
| 5 | Carl Gustav Jung and Analytical Psychology | Chapter 2* | Presentation and Discussion |
| 6 | Karen Horney and the Neuroses | Chapter 2* | Presentation and Discussion |
| 7 | Behaviorism In Psychology | Chapter 3*, Chapter 8** | Presentation and Discussion |
| 8 | Cognitive Theories | Chapter 3*, Chapter 9-10** | |
| 9 | Humanistic Psychology | Chapter 5*, Chapter 5** | Presentation and Discussion |
| 10 | Fritz Pearl and Gestalt Theory | Chapter 7** | Presentation and Discussion |
| 11 | Systemic Theory | Chapter 14** | Presentation and Discussion |
| 12 | Existential Theory | Chapter 5*, Chapter 6** | Presentation and Discussion |
| 13 | Positive Psychology | Chapter 18** | Presentation and Discussion |
| 14 | Comparison of basic psychology theories | | Presentation and Discussion |

REFERENCES

Textbook

Yazgan İnanç, Yerlikaya, E. E. (2023). Kişilik Kuramları. Ankara: Pegem Akademi Yayıncılık.*

Karataş, Z. K., Yavuzer, Y. (2018). Psikolojik Danışma ve Psikoterapi Kuramları. Ankara: Pegem Akademi Yayıncılık.**

Suggested Sources Course notes

ASSESSMENT METHODS

| Activities | Number | Effect | Notes |
|--------------|--------|-------------|-------|
| Midterm Exam | 1 | 40% | Test |
| Final Exam | 1 | 60% | Test |
| Total | | 100% | |

ECTS TABLE

| Contents | Number | Hours | Total |
|----------------------------|---------------|--------------------|-----------------|
| Hours in Classroom | 14 | 3 | 42 |
| Hours out Classroom | 14 | 3 | 42 |
| Homework | 14 | 5 | 70 |
| Midterm Exam | 1 | 40 | 40 |
| Final Exam | 1 | 34 | 46 |
| | | Total | 240 |
| | | Total / 30 | 240/30=8 |
| | | ECTS Credit | 8 |

RECENT PERFORMANCE

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